

STACEY L. COLTON MEIER

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EDUCATION

08/07 to present **University of Houston (APA Accredited)**
Expected Graduation Year: 2013
Degree Obtained: M.A. Clinical Psychology
Degree Sought: Ph.D. Clinical Psychology

Masters Thesis: Examining the DSM-IV-TR Sexual Orientation Subtypes for the
Female-To-Male Transsexual Population (Committee Chair:
Chair: Julia C. Babcock, Ph.D.). Defended 8/2009

Doctoral Dissertation: Psychological Effects of Exogenous Testosterone on Female-to-
Male Transsexuals: A Longitudinal Study (Committee
Chair: Julia C. Babcock, Ph.D.)
Dissertation Proposed 3/2010; Expected Defense January 2011

08/02 to 05/06 **Rice University, Houston, TX**
Degree Obtained: B.A. (Psychology), conferred *Summa Cum Laude*
President and Member of Psi Chi and Phi Beta Kappa

LICENSURE

Texas Licensed Psychological Associate # 36071 issued September 9, 2011
EPPP exam passed July 27, 2011

CLINICAL EXPERIENCE

2011- Present Practicum Counselor- University of Houston-Clear Lake (UHCL)
Counseling Services Houston, TX
16 hours per week
Supervisor: Gary Adams, Ph.D.
-Conducted individual, group, and couples therapy with UHCL students
with a wide range of presenting problems including academic and career
issues, depression, anxiety, sexual trauma, interpersonal problems, Axis II
concerns, and grief with clients from diverse demographic groups
-Received weekly one-on-one psychodynamic and cognitive behavioral
supervision reviewing videotaped sessions
-Used the CCAPS inventory in order to assess monthly treatment progress
and the CAMS suicide assessment to assess clients presenting with
suicidal ideation

- Implemented treatment techniques including behavioral activation, cognitive restructuring, motivational interviewing, interpersonal process, and facilitation of interpersonal skills
- Provided intake assessments and assisted in determination of services
- Prepared outreach presentations on university counseling services, healthy relationships and LGBT issues
- Assisted with career exploration workshops

2011- Present

Practicum Extern- Private Practice Houston, TX

10 hours per week

Supervisor: Michelle Forrester, Ph.D.

- Facilitated group therapy with child clients ages 4-8, with diagnoses including, but not limited to Autism, Asperger's Syndrome, Selective Mutism, Disruptive Behavior Disorder, Anxiety Disorders, and Attention Deficit/Hyperactivity Disorder. Additional concerns included social skills, anger management, and adoption.
- Provided individual therapy with children age 4-6 with diagnoses of Autism, ADHD, and Disruptive Behavior Disorder.
- Received one-on-one supervision for individual cases and live group supervision for groups
- Worked with an ethnically diverse population, including clients from Asian and African American backgrounds
- Applied interventions focused on interpretive play therapy and behavior modification strategies

2010 – 2011

Practicum Extern- Houston Independent School District Houston, TX

16 hours per week.

Supervisor: Diane Thomas, Ph.D.

- Performed individual and school-wide crisis risk assessment and intervention as well as provided recommendations to principals, teachers, and parents
- Conducted individual therapy with regular education students whose presentations included severe emotional issues, behavioral issues, and/or coming out issues who were age 4-19, and predominately African American and Latino
- Provided psychological assessment for students receiving Special Education Services and whose presenting problems included Autism and Emotional Disturbance
- Received weekly one-on-one systems, humanistic, and cognitive behavioral supervision
- Co-facilitated Safe Zone group therapy for LGBTQ high school students
- Formulated and implemented 6-week anger management and social skills development group therapy for students in the North Region Alternative School

- Provided in-services to parents on the effects of bullying and educated classes of students on managing test anxiety

2009 – 2011 Assistant Director-Clinical Practice, Center for Couples Therapy

Department of Psychology, University of Houston

Supervisor: Dr. Julia C. Babcock

- Conducted psychological and physiological assessments of couples and develop integrative reports
- Received supervision of couples' therapy and assessment including review of videotaping
- Coordinated the Center for Couple's Therapy by recruiting, screening, and training research assistants, and scheduling and coordinating clients and graduate student trainees.
- Trained undergraduates in physiological hook-up, including heart rate, skin conductance, finger pulse, and finger temperature
- Coordinated and trained undergraduates in Specific Affect Coding System (SPAFF; Gottman & L. Krokoff, 1989)

2009 – 2010

Practicum Extern- Montrose Counseling Center

16 hours per week.

Supervisor: Raymond Pledger, Ph.D. University of Houston- Clear Lake

- Conducted individual, couples, and group therapy with diverse underserved populations including work on depression, anxiety, sexual identity concerns, gender identity concerns, coming out issues, and difficulties with sexual functioning
- Co-facilitated Safe Zone group therapy for LGBTQ high school students in HISD
- Received weekly individual humanistic and psychodynamic supervision and engage in group process supervision with other practicum students
- Formulated and implemented a 12-week psychoeducational support group specific to transgender identified persons
- Formulated and implemented an 8-week psychoeducational support group specific to non-transgender partners of transgender identified persons
- Provided case management and conceptualization specific to the LGBTQ community

2008 – 2011

Practicum Extern- Psychology Research and Services Center, University of Houston

Supervisors: Dr. John Vincent, University of Houston
Dr. Gerald Harris, University of Houston

- Conducted individual psychotherapy with clients diverse in demographic background and presenting concerns.

- Received group and individual supervision from supervisors with cognitive-behavioral, interpersonal, and eclectic backgrounds including review of videotaped sessions
- Implemented treatment techniques including behavioral activation, cognitive restructuring, progressive muscle relaxation, relapse prevention, assertiveness training, motivational interviewing, interpersonal process, and facilitation of interpersonal skills
- Provided ongoing personality, suicidality, and symptom inventories throughout the treatment process to aid in case conceptualization, symptom monitoring, and treatment planning

2008 – 2009

Graduate Student Examiner- Advanced Assessment Clinic

University of Houston

Supervisors: Dr. Jack Fletcher, University of Houston

Dr. Gerald Harris, University of Houston

- Conducted psychological evaluations for adults and children with a range of referral questions including behavior problems, intellectual functioning, and the assessment of learning disorders, ADHD, and autism spectrum disorders
- Received supervision on report writing and administration of assessment through use of videotaped sessions
- Administrated, scored, and interpreted intellectual, behavioral, personality, and symptom based psychological tests
- Prepared integrated assessment reports and provided client feedback

GRANTS, SCHOLARSHIPS, AND AWARDS

2011

**American Psychological Association of Graduate Students
Committee on Lesbian, Gay, Bisexual, and Transgender Concerns
(APAGS-CLGBTC) Grant**

\$1,000 Awarded to fund the Creating and Celebrating Possibilities for Gender Variant Children and Families training

2011

University of Houston Small Grants Program

\$3,000 Awarded to fund dissertation project

Submitted with Dr. Julia Babcock

2011

Speaker's Award

Presented by the Houston Psychological Association

2010

**College of Liberal Arts and Sciences Graduate Scholarship
Recipient**

Merit Award toward tuition and fees, Total = \$500

University of Houston

2009

**Association of Behavioral and Cognitive Therapies LGBT Special
Interest Group Student Research Award**

Master's Thesis Award, Total = \$150
University of Houston

2008 Texas Psychological Foundation Graduate Student Research Award

Master's Thesis Award, Total = \$1,000
University of Houston

2007 – present Parents, Families, and Friends of Lesbians and Gays (PFLAG) HATCH Scholarship

Total = \$10,000 for tuition and fees over four years
University of Houston

RESEARCH EXPERIENCE

2009 – Present Primary Investigator

Department of Psychology, University of Houston
Advisors: Julia Babcock, Ph.D., Carla Sharp, Ph.D, Michael Winters, Ph.D., Judith Mann, Ph.D., Jennifer Leasure, Ph.D.

- Conducting a controlled year-long longitudinal study on the effects of exogenous testosterone on the personality, psychological functioning, self-esteem, masculinity/femininity, quality of life and emotional reactivity of female-to-male transsexuals, an underserved population.
- Engaging in the following activities: literature review, project design, participant recruitment and upkeep of database, delivery of assessments, training graduate and undergraduate research assistants, and manuscript preparation.
- Anticipated hours: 1000

2008 – 2009 Primary Investigator

Department of Psychology, University of Houston
Advisors: Julia Babcock, Ph.D., John Vincent, Ph.D., Michael Winters, Ph.D.

- Completed master's thesis that investigated the DSM-IV-TR's sexual attraction typology and sexual attraction shift in female-to-male transsexuals
- Duties included literature review, project design, gaining human participants approval, subject recruitment (N = 605), data analysis, and the manuscript preparation.

2006 – 2011 Research Coordinator- Patient Care- Impulsivity in Bipolar Disorder and Antisocial Personality Disorder

University of Texas Mental Science Institute/Harris County Psychiatric Center. 4 hours per week.

Supervisors: Alan Swann, MD, Gerald Moeller, MD, Marijn Liffijt, PhD

- Administered structured assessments (SCIDs) for multiple studies with subjects to confirm diagnoses of Bipolar Disorder, Antisocial Personality Disorder, and/or Substance Related Disorders
- Proofread and prepared papers for publication
- Recruited and screened potential participants
- Entered data and maintained database

TEACHING AND MENTORING EXPERIENCE

2009 – Present Teaching Fellow (PSYC 3337: Psychology of Human Sexuality)

Department of Psychology, University of Houston

- Instructed 600 students over 8 semesters in 12 sections
- Designed and implemented course
- Create and administer lectures, quizzes, and exams
- Coordinate guest speakers

2009 – 2010 Research Mentor

Baylor College of Medicine

- Mentored physician assistant student through master's thesis project using my thesis data on the impact of social support on the quality of life of female-to-male transsexuals
- Conducted statistical analyses and provided feedback on student's manuscript
- Assisted the student in preparation of a manuscript to submit to a peer reviewed journal for publication

2007 – 2009 Teaching Assistant (PSYC 4321 Abnormal Psychology, PSYC 3331 Psychology of Gender, PSYC 3325 Personality)

Department of Psychology University of Houston

EDITORIAL EXPERIENCE

2011 Ad hoc Reviewer

International Journal of Sexual Health
Feminism and Psychology
Trans Bodies, Trans Selves

2009 – 2010 Ad hoc Reviewer

Sexual Literacy: Sexuality in Human Nature, Culture and Society

PUBLICATIONS

Peer Reviewed

Meier, S. & Labuski, C. (in press). The demographics of the transgender population. In Baumle, A. (Eds.) *The International Handbook on the Demography of Sexuality*. New York, NY: Springer Press.

2011

Meier, S., Fitzgerald, K., Pardo, S., & Babcock, J. (2011). The effects of hormonal gender affirmation treatment on mental health in female-to-male transsexuals. *Journal of Gay and Lesbian Mental Health*, 15(3), 281-299.

2010

Erich, S., Tittsworth, J., **Meier, S.**, & Lerman, T. (2010). Transsexuals of color: Perceptions of discrimination based on transsexual status and race/ethnicity status. *Journal of GLBT Family Studies*, 6(3), 294-314.

Lakshmanan, M., **Meier, S.**, Meier, R., Lakshmanan, L. (2010). Archetype of the collaborative efforts of psychotherapy and psychopharmacology in successfully treating Dissociative Identity Disorder with comorbid Bipolar Disorder. *Psychiatry (Edgemont)*, 7(7), 33-37.

2009

Lijffijt, M., Moeller, F.G., Boutros, N.N., Steinberg, J.L., **Meier, S.L.**, Lane, S.D., Swann, A.C. (2009). Diminished P50, N100, and P200 auditory sensory gating in bipolar I disorder. *Psychiatry Research*, 167, 191-201.

Lijffijt, M., Lane, S.D., **Meier, S.L.**, Boutros, N.N., Burroughs, S., Steinberg, J.L., Moeller F.G., & Swann, A.C. (2009) P50, N100, and P200 sensory gating: Relationships with behavioral inhibition, attention, and working memory. *Psychophysiology*, 46(5), 1059-1068.

Non-Peer Reviewed

2011

dickey, I., **Meier, S.**, & Alie, L. (2011). Bibliography of transgender literature: 2000-2010, [http://www.apadivision44.org/downloads/Transgender_Bibliography_2000_to_2010\[1\].pdf](http://www.apadivision44.org/downloads/Transgender_Bibliography_2000_to_2010[1].pdf)

2010

Lev, A., Alie, L., Ansara, Y., Deutsch, M., Dickey, L., Ehrbar, R., Ehrensaft, D., Green, J., **Meier, S.**, Richmond, K., Susset, F., Winters, K. (2010A-C). "Statement on Gender Incongruence in Children, Adolescents, and Adults in the DSM-5," Professionals Concerned With Gender Diagnoses in the DSM, <http://gidconcern.wordpress.com/statement-on-gender-incongruence-in-children-in-the-dsm-5/>

Manuscripts Under Review

Meier, S., Pardo, S., Labuski, C. & Babcock, J.C. (under revision). Sexual orientation and clinical health outcomes among female to male trans persons. Submitted to *Archives of Sexual Behavior*

Labuski, C. & **Meier, S.** (submitted). Shifting our attention: Learning from experiences of female-to-male transgender individuals. Submitted to *Feminism & Psychology*.

Manuscripts In Preparation

Meier, S., Sharp, C., Michonski, J., Babcock, J., & Fitzgerald, K. (in preparation). Romantic relationships of female-to-male trans men. To be submitted to *International Journal of Transgenderism* Fall 2011.

dickey, I., **Meier, S.**, & Green, J. (in preparation). Rates of gender affirming medical treatments and regrets in female to male (FTM) trans men. To be submitted to the *Journal of Sexual Medicine* Fall 2011.

Davis, S., & **Meier, S.** (in preparation). Effects of testosterone treatment and chest reconstruction surgery on mental health in female-to-male transgender people. To be submitted to *International Journal of Sexual Health* Fall 2011.

Meier, S. & Jimenez, E. (in preparation). The impact of family social support on quality of life in female-to-male transsexuals. To be submitted to *Journal of LGBT Family Issues*

Pardo, S., & **Meier, S.** (in preparation). The development of gender and sexual identities among gender variant natal females. To be submitted to *Psychology of Women Quarterly*

INTERNATIONAL CONFERENCE PRESENTATIONS

2011

Meier, S. (September 2011). Sexual orientation and relationships. In A. Singh (Chair) *Identity*. Roundtable discussion moderated at The World Professional Association for Transgender Health Biennial Symposium, Atlanta, GA.

Meier, S., Michonski, J., Fitzgerald, K., Keo, R., & Babcock, J. (September 2011). Can romantic relationships survive a gender transition? Examining the romantic relationships of female to male (FTM) Trans Men. In K. Rachlin, (Chair) *TransMasculine Sexuality & Relationships: Current Research and New Theory*. Symposium presented at The World Professional Association for Transgender Health Biennial Symposium, Atlanta, GA.

Meier, S., Pardo, S., Labuski, C., & Babcock, J. (September 2011). Sexual orientation and clinical health outcomes among female to male transsexuals. In K. Rachlin, (Chair) *TransMasculine Sexuality & Relationships: Current Research and New Theory*. Symposium presented at The World Professional Association for Transgender Health Biennial Symposium, Atlanta, GA.

Herman, L.I., **Meier, S.L.C.**, Sharp, C., Arrazolo, A., Lavrik, Y., Rees, M. (September 2011). *Effects of exogenous testosterone on social cognition in female-to-male transsexuals*. Poster presented at the biennial conference of the World Professional Association for Transgender Health, Atlanta, GA.

Herman, L.I., **Meier, S.L.C.**, Sharp, C., Lavrik, Y., Arrazolo, A., Fyffe, K. (September 2011). *Effects of exogenous testosterone on systemizing in female-to-male transsexuals*. Poster presented at the biennial conference of the World Professional Association for Transgender Health, Atlanta, GA.

2010

Papp, V., & **Meier, S.** (July 2010). Gendered formant typology of selected American English dialects. Symposium presented at the annual conference of the International Association for Forensic Phonetics and Acoustics, Trier, Germany.

2009

Meier, S., Tittsworth, J., & Erich, S. (June 2009). *The relationship of perceived discrimination and family relationships with the well being of transsexuals of color*. Poster presented at the biennial conference of the World Professional Association for Transgender Health, Oslo, Norway.

Meier, S. & Babcock, J. (June 2009). *Empirically validating the DSM-IV-TR sexual orientation subtypes for the female to male transsexual population*. Poster presented at the biennial conference of the World Professional Association for Transgender Health, Oslo, Norway.

NATIONAL CONFERENCE PRESENTATIONS

2012

Meier, S. (anticipated February 2012). Working with transgender and gender non-conforming students in schools. Invited Documented Session presented at the National Association of School Psychologists Annual Convention.

2011

Keo, R. & **Meier, S.** (anticipated November 2011). Experiences of romantic partners who remain with a transgender man (FTM) throughout transition. In **S. Meier** (Chair) *Sexual Orientations, Health, and Behaviors in the Transgender Community*. Symposium presented at the Annual Meeting of the Society for the Scientific Study of Sexuality.

Meier, S. & Herman, L. (anticipated November 2011). The impact of transition on the sexual orientation and sexual orientation identity of transgender men (FTMs). In **S. Meier** (Chair) *Sexual Orientations, Health, and Behaviors in the Transgender Community*. Symposium presented at the Annual Meeting of the Society for the Scientific Study of Sexuality.

Meier, S. & dickey, I. (anticipated November 2011). Sexual behaviors, health, and satisfaction of transgender men (FTMs) with and without hormonal and surgical modifications In **S. Meier** (Chair) *Sexual Orientations, Health, and Behaviors in the Transgender Community*. Symposium presented at the Annual Meeting of the Society for the Scientific Study of Sexuality.

Meier, S. (August 2011). The effects of hormone therapy on the mental health of female to male transgender people. In M. Hendricks, (Chair) *Co-occurring mental health concerns in the transgender community*. Symposium presented at the annual conference of the American Psychological Association, Washington DC.

2010

Meier, S., & St. Amand, P. (November 2010). Psychological and medical treatment of the transgender client. Symposium presented at the annual conference of the Texas Psychological Association, Dallas, TX.

Meier, S., Green, J., dickey, I., & Greatheart, M. (November 2010). Sexual behaviors, health, and satisfaction of transgender men (FTMs) with and without hormonal and surgical

modifications: Preliminary results. In T. Lostutter, (Chair) *Sexual Health and Functioning: Using Data to Inform Cognitive Behavioral Treatments*. Symposium presented at the annual conference of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

Meier, S. (August 2010). Predicting Problematic Substance Use in Female-to-Male Transsexuals. In M. Vaughan (Chair) *Predictors of Substance Use and Misuse in LGBTQ Populations*. Symposium presented at the annual conference of the American Psychological Association, San Diego, CA.

Meier, S. (May 2010). Sexual orientation and clinical health outcomes among female to male transsexuals. Presentation to VA psychologists and physicians at the regional SSSS Sexuality, Science, and Sandwiches meeting. Houston, TX.

Meier, S., & Pardo, S. (February 2010). The effects of hormonal gender affirmation treatment on mental health in female to male transsexuals. Symposium presented at the New York University: In Translation: Clinical Dialogues Spanning the Transgender Spectrum Conference, New York, NY.

Meier, S. & Hughes, L. (February 2010). Sexual orientation and the impact of stealth status on quality of life in transmen. Symposium presented at the University of Texas Women's and Gender Studies Annual Graduate Student Conference, Austin, TX.

2009

McLaughlin, R., Sharp, R., **Meier, S.**, & Black, C. (November 2009) Gender-variant children in families and schools: The psychologist's roles. Symposium presented at the Texas Psychological Association Annual Convention, Houston, TX.

Meier, S., Winters, M., Meier, R., & McLaughlin, R. (November 2009) Creating welcoming environments for clients who are different from you. Texas Psychological Association Annual Convention, Houston, TX.

2008

Muenke, R., Maril, V., Long, S., Mollen, D. & **Meier, S.** (November 2008). Creating welcoming environments for the GLBT community: Aspiration to action. Symposium presented at the Texas Psychological Association Annual Convention, Austin, TX.

Meier, R., **Meier, S.**, Albin, D., & Weigle, D. (November 2008). Helping Traditional Texas Parents Understand GBLT Children. Symposium presented at the Texas Psychological Association Annual Convention, Austin, TX.

2007

Weigle, D., Albin, D., Holt, R., Elbel, J., Winters, M. & **Meier, S.** (November 2007) Ethical practice with GLBT populations: Choices, reasons, and values. Symposium presented to the Texas Psychological Association Annual Convention, San Antonio, TX.

POSTER PRESENTATIONS

2011

Meier, S., Herman, L., Banks, J., Rees, M., Cruz, A. Babcock, J. (anticipated November 2011). *The short-term effects of testosterone on personality in transgender men*. Poster presented at the annual conference of the Texas Psychological Association.

- Meier, S.,** Fitzgerald, K., Kini, S., Hill, A., Pardee, A. (anticipated November 2011). *Shifts in religious preferences in transgender men* Poster presented at the annual conference of the Texas Psychological Association.
- Herman, L.I., **Meier, S.,** Sharp, C., Banks, J., York, K., Beebe, M. (anticipated November 2011). *The short-term and long-term effects of exogenous testosterone on social cognition in female-to-male transsexuals.* Poster presented at the annual conference of the Association of Behavioral and Cognitive Therapies, Toronto, Canada.
- Meier, S.,** Kini, S., Herman, L., Cruz, A., Paredes, Y., Babcock, J.C. (anticipated November 2011). *Long term follow-up of hormone therapy on the mental health of transgender men.* Poster presented at the annual conference of the Association of Behavioral and Cognitive Therapies, Toronto, Canada.
- Meier, S.,** Babcock, J., Herman, L., Romay, S., Hill, A., & Lavrik, Y. (August 2011). *Examining the romantic relationships of female to male (FTM) trans men.* Poster presented at the annual conference of the American Psychological Association, Washington DC.

2010

- Meier, S.,** Herman, L., Teo, I., Hughes, L., Nguyen, T., Acas, M. (November 2010). *The short-term effects of testosterone on emotional reactivity in FTMs.* Poster presented at the annual conference of the Texas Psychological Association, Dallas, TX.
- Meier, S.,** Jimenez, E., Fitzgerald, K., Carnew, M., Labuzan, E., & Aulakh, A. (November 2010). *Family social support and quality of life in FTM transsexuals.* Poster presented at the annual conference of the Texas Psychological Association, Dallas, TX.
- Fitzgerald, K., **Meier, S.,** Hughes, L., Teo, I., Nguyen, C., Carnew, M. (November 2010). *Religiosity in the female to male transgender community.* Poster presented at the annual conference of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Meier, S.,** Labuzan, E., Teo, I., Herman, L., Aulakh, A., & Babcock, J. *Does hormone therapy improve the mental health of female to male transgender people?* (November 2010). Poster presented at the annual conference of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Meier, S. &** Hughes, L. (April 2010). *Investigating the role of parenting in the female to male transgender individuals.* Poster presented at the annual conference of the South Western Psychological Association, Dallas, TX.
- Hughes, L. & **Meier, S.** (April 2010). *Sex role identification and self-esteem in female to male transgender individuals.* Poster presented at the annual conference of the South Western Psychological Association, Dallas, TX.

PROFESSIONAL AFFILIATIONS

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| 2009 – Present | The Society for the Scientific Study of Sexuality (Student Member) |
| 2009 – 2011 | Association for Behavioral and Cognitive Therapies (Student Affiliate) |
| 2009 – 2010 | Southwestern Psychological Association (Student Member) |
| 2008 – Present | World Professional Association for Transgender Health (Student Member) |
| 2008 – Present | American Psychological Association |
| | Division 44 Student Representative (2010-2012) |
| | Member of the Committee on Transgender Issues |
| | Member of the Committee on Youth and Families |

2007 – Present Texas Psychological Association (Student Member)
 Contact for the APA's LGBT Concerns Office (2010-Present)
 LGBT SIG Student Representative (2008-Present)

TRAINING DEVELOPMENT

Sharp, R., **Meier, S.**, & McLaughlin, R. (June 2011). *Creating and celebrating possibilities for gender variant children and their families: A morning of interdisciplinary training and dialogue among Medical, Legal, Educational, and Developmental Specialists*. University of Houston: Houston, TX

OUTREACH TRAINING PROVIDED

2011

Meier, S. & Herman, L. (Fall 2011). *Standards of Care 7 and How They Affect You*. Presentation to the Transgender Foundation of America and Houston Transgender Community, Houston, TX.

Meier, S. (Fall 2011). *How to be an Ally to Transgender Students*. Presentation to Safe Zone Allies at University of Houston Clear Lake, Houston, TX.

Meier, S. (Fall 2011). *Does Your Relationship House Need an Extreme Makeover?* Outreach presentation for University of Houston Clear Lake students, Houston, TX.

Colon, H. & **Meier, S.** (Spring 2011). *Strategies for Coping with Test Anxiety*. Presentation to two fourth grade classes at Clemente Martinez Elementary School, Houston, TX.

Meier, S. (Spring 2011). *Working with Transgender Clients*. Luncheon Presentation to the Houston Psychological Association (HPA), Houston, TX.

2010

Meier, S. (Fall 2010). *Bullying in Schools*. Cafecitos – Parent Meeting. Ketelsen Elementary. Houston, TX.

Meier, S. (Fall 2010). *Bullying Part II: How Parents Can Help*. Cafecitos – Parent Meeting. Ketelsen Elementary, Houston, TX.

Meier, S. (Fall 2010). *The Use of Preferred Names for Transgender Students, Faculty, and Staff*. Presentation to the University of Houston Student Government Association, Houston, TX.

Meier, S. (Fall 2010). *Gender Identity and Expression Protections at the University Level*. Presentation to the University of Houston Student Government Association, Houston, TX.

Case, K., & **Meier, S.** (Summer 2010). *Gender and Gender Identities*. LGBT students: What educators need to know. Presentation for the Gay Lesbian Student Education Network Educators' Workshop, UHCL, Houston, TX.

Meier, S. & St. Amand, P. (Spring 2010). *Total Transgender Care*. Montrose Counseling Center Therapists and Case Managers, Houston, TX.

2009

Meier, S. (Fall 2009). *Transgender Information*. Presentation to the Out Students and Allies group. Houston Community College.

Meier, S. (Spring 2009). *Providing Healthcare to Transgender Persons*. Presented to the Marriage and Family Therapy Graduate Student Association at the University of Houston Clear Lake, Houston, TX.

2008

McLaughlin, R., **Meier, S.**, Murphy, D., & Miguera, M. (April, 2008). *Understanding Gay, Lesbian, and Transgender Students: Providing a Safe Educational Setting*. A presentation to HISD Psychological and Counseling Services, Houston, TX.

Meier, R. & **Meier, S.** (August, 2008). *Ethical treatment for GLBT youth*. Continuing education presentation to Southeast Texas Psychological Association (SETPA), Beaumont, TX.

2007

Tittsworth, J. & **Meier, S.** (December, 2007). *The Transgender Umbrella, Clinical Issues, and Foster Care*. Presentation to social workers on mental health and clinical issues related to transgender clients. Harris County Psychiatric Hospital, Houston, TX.

INVITED LECTURES

2011

Meier, S. (Spring 2011). *Necessary Medical Care of Transcender People*. Physician's Assistant Elective, Baylor College of Medicine, Houston Medical Center, first year physician's assistant students, Houston, TX.

Meier, S. (Spring 2011). *Transgender Care*. Guest Lecturer for Two Sections of Cultural Psychology. University of Houston Instructor Kara Fitzgerald, Houston, TX.

2010

Meier, S. (Fall 2010). *Providing healthcare to transgender patients*. Women's Health Elective. Baylor College of Medicine, Houston Medical Center, presented to first year medical students, Houston, TX.

Meier, S. (Fall 2010). *Transgender Issues*. Presentation for the Lamar University Department of Psychology undergraduate and graduate students, Beaumont, TX.

Meier, S. *Transgender Healthcare*. (Spring 2010). Medical Sociology Course. Rice University. Professor Christine Labuski, Houston, TX.

Meier, S. (Spring 2010). *Transgender Identities*. Queer Theory Course. Rice University. Professor Brian Riedel, Houston, TX.

2009

Meier, S. (Fall 2009). *Providing healthcare to transgender patients*. Women's Health Elective. Baylor College of Medicine, Houston Medical Center, presented to first year medical students, Houston, TX.

Meier, S. (Summer 2009). *Transgender Care*. Physician's Assistant Elective, Baylor College of Medicine, Houston Medical Center, first year physician's assistant students, Houston, TX.

Meier, S. & Tittsworth, J. (Spring 2009). *Transgender Issues*. Social Work Graduate Course, University of Houston Clear Lake. Professor Dana Smith, Houston, TX.

2008

- Meier, S.** (Fall 2008). *Providing healthcare to transgender patients*. Women's Health Elective. Baylor College of Medicine, Houston Medical Center, presented to first year medical students, Houston, TX.
- Meier, S. & Tittsworth, J.** (Fall 2008). *Gender and Sexuality*. Sociology Course. University of Houston Downtown. Professor Tena Mougouris, Houston, TX.
- Meier, S. & Tittsworth, J.** (Fall 2008). *Transgender Issues*. Social Work Graduate Course, University of Houston Clear Lake. Professor Gaye Cummins, Houston, TX.
- Meier, S.** (Spring 2008). *Gender Identity Disorder*. Abnormal Psychology Course, University of Houston. Professor Julia Babcock, Houston, TX.
- Meier, S.** (Spring 2008). *Transsexualism*. Human Sexuality Course, Rice University. Professor Rimo Berg, Houston, TX.

COMMUNITY OUTREACH

- 2009 – Present** **FTM Medical Clinic Visit Coordinator**
-Organized and coordinated visits to Dr. Pamela St. Amand's, (OB/GYN) office in Beaumont, TX, for female-to-male transsexuals four times annually.
- 2009 – Present** **Families of Gender Variant Children Group Facilitator**
-Facilitated monthly group meetings to parents of gender variant and transgender children age 0-12.
-Connected these families to desired resources in the Houston area.
- 2009 – 2011** **Cougar Ally Training Student Representative**
-Participated in the program development and implementation of Ally Training at the University of Houston
-Recruited panels for trainings
-Assisted in selecting the Director of the UH LGBT Center
- 2008 – Present** **HATCH Youth Group Facilitator and Transgender Teen Group Leader**
-Facilitated weekly group meetings to LGBTQ youth ages 13-21 in a safe and supportive space at the Montrose Counseling Center and provided mentoring
- 2008 – Present** **Transgender Foundation of America Consultant**
Psychological Research and Education, Operations Committee Member, Community Advisory Board Member, Houston Transgender Unity Committee Member, FTM group coordinator
-Oversee and provide resources for Houston area transgender groups
- 2007 – 2008** **First Year Students Elected Student Representative**
Department of Psychology, University of Houston

2007 – 2011

Rice University Ally Training Co-Facilitator

- Assisted Dr. Michael Winters to facilitate the bi-annual Ally Training at Rice University
- Led large and small group discussions in order to train allies for the LGBTQ population
- Presented about the issues of homophobia and transphobia.

2007 – 2009

Montrose Counseling Center Gay and Lesbian Switchboard Crisis Line Volunteer

- Participated in over 30 hours of training
- Provided phone coverage at Montrose Counseling Center in order to aid the LGBTQ community in Houston and the surrounding areas.